

INTERNATIONAL student guide

ISguide



UNIVERSITY OF OVIEDO
SPAIN

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It is for me a great pleasure to greet all those international students willing to develop their studies or research activities at the University of Oviedo. Internationalization is one of the main quality indicators in higher education institutions, considering two aspects: sending and hosting students, faculty, researchers and administration and service staff, so they can extend their knowledge and improve their education in collaboration with foreign universities.

The objective of this guide for international students is to offer relevant information about those aspects that must be taken into account when facing a stay at the University of Oviedo, regarding not only academic aspects, but also practical ones. This is a brief and attractive presentation, where you can find several references to more specific resources of information that are available at the Uniovi web. I really hope this guide will be helpful, not only if you are coming to stay at our university, but also if you are looking for information to make a decision about your international future.

Vicente Gotor
Chancellor of the University of Oviedo



The University of Oviedo is one of the oldest universities in Spain. It started its teaching activity 400 years ago, in 1608. Throughout its history, the University has gone through different stages, being especially relevant the period going from the end of the 19th century to the beginning of the 20th century, when University outreach was born, and the University of Oviedo was consolidated as one of the best universities in Spain. In the last few decades, the University has gone through its most important changes, which implied an increase of degrees, faculty and research activities, which place our university among the top universities in Spain

Nowadays we have campuses in three cities (Oviedo, Gijón and Mieres), structured in 11 faculties, 5 higher technical schools and 5 associated centres, with more than 2000 professors and 1000 administrative staff which provide assistance to more than 27000 students and to the Asturian society in general.

In 2009, thanks to the project of the University of Oviedo Ad Futurum. From the 17th to the 21st Century: Looking back, looking ahead our University became a Campus of International Excellence, in the first initiative within the University Strategy 2015, which is aimed at modernizing Spanish universities and improving their internationalization and specialization.

The project relies on the strategic alliance of more than 200 regional, national and international institutions, and the specialization in two branches of knowledge: "Energy, Environment and Climate Change", and "Biomedicine and Health". In addition, this proposal is intended to promote internationalization and encourage the collaboration with companies and society as well as the creation of green educational Campuses integrated in the urban and social environment of a green region.

USEFUL LINKS

Academic Offer <http://www.uniovi.es/estudios>

Centres <http://www.uniovi.es/centros>

International Students <http://www.uniovi.es/internacional/extranjeros>

The House of Languages: <http://lacasadelaslenguas.uniovi.es/>

Facilities: <http://www.uniovi.es/vida>

Research <http://www.uniovi.es/investigacion>

Campus of International Excellence: <http://cei.uniovi.es/cei>

oviedo



faculties

1. Biology
2. Sciences
3. Jovellanos Faculty of Commerce, Tourism and Social Sciences
4. Law
5. Economics and Business
6. Philosophy and Letters
7. Teacher Training and Education
8. Geology
9. Medicine and Health Sciences
10. Psychology
11. Chemistry

schools

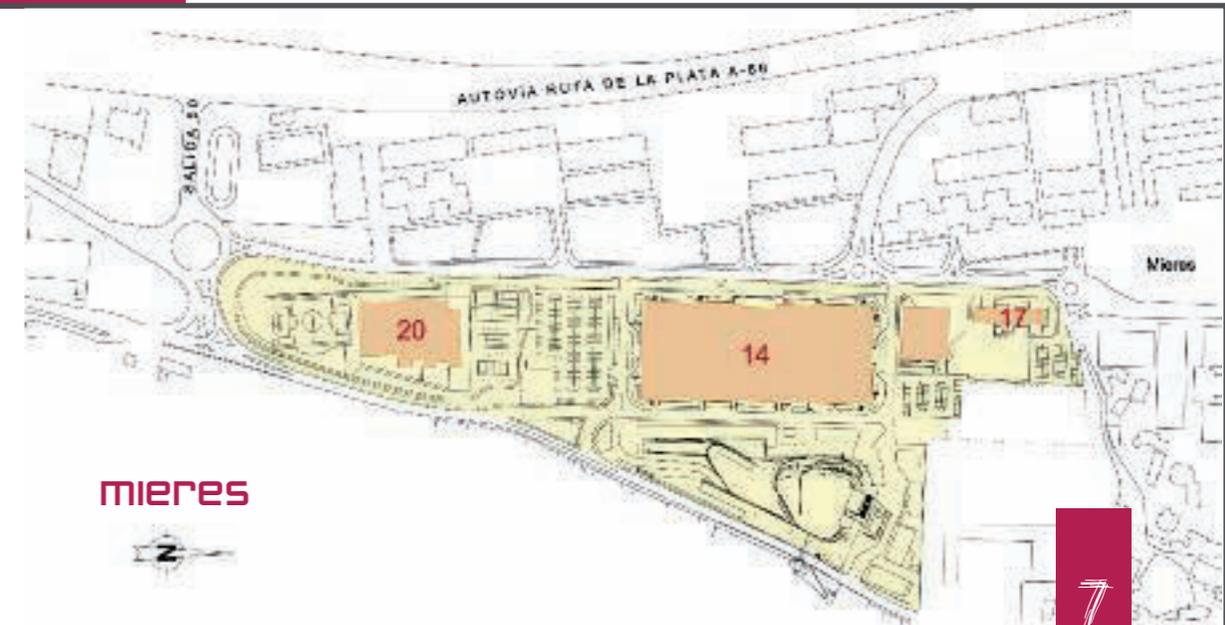
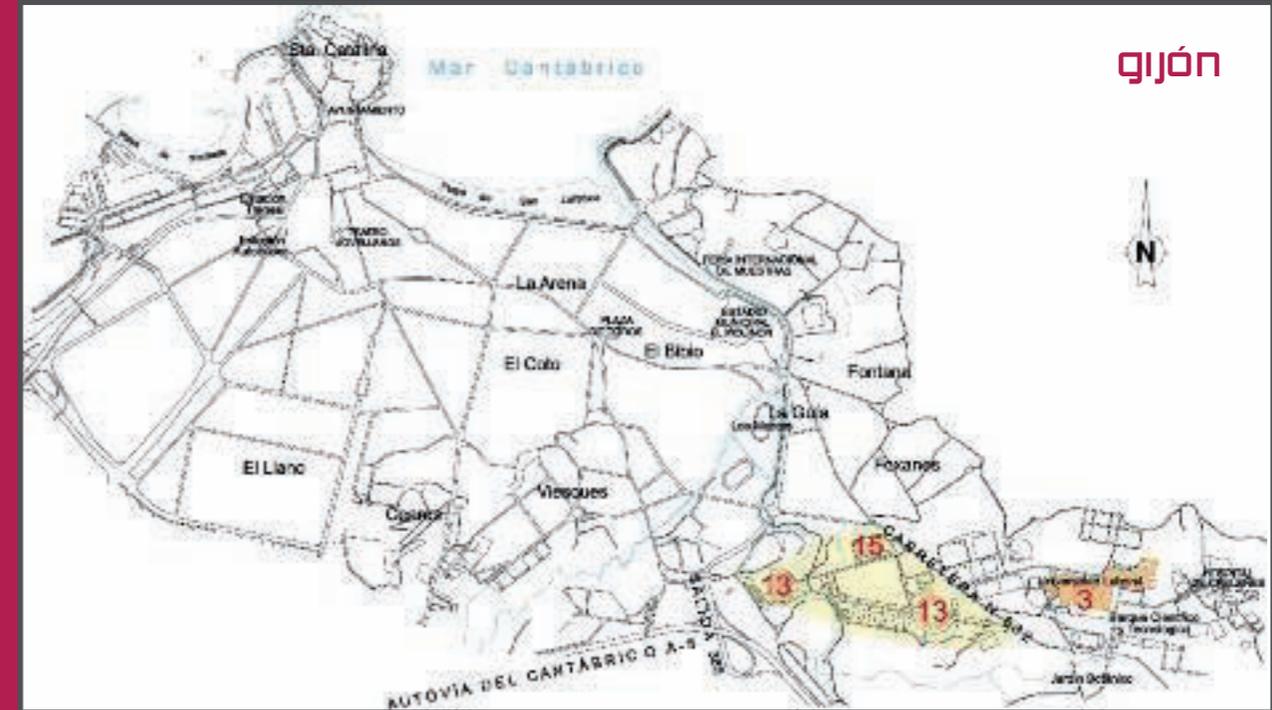
12. Computer Science Engineering
13. Polytechnic School of Engineering of Gijón
14. Polytechnic School of Mieres
15. Higher School of Civil Navy
16. Higher Technical School of Mining Engineering of Oviedo

other facilities

17. Halls of Residence
18. Historic Building & International Center for Postgraduate Studies
19. Vice-Chancellor for Internationalization and Postgraduate Studies
20. Sports Facilities
21. La Casa de la Lenguas

the university of oviedo

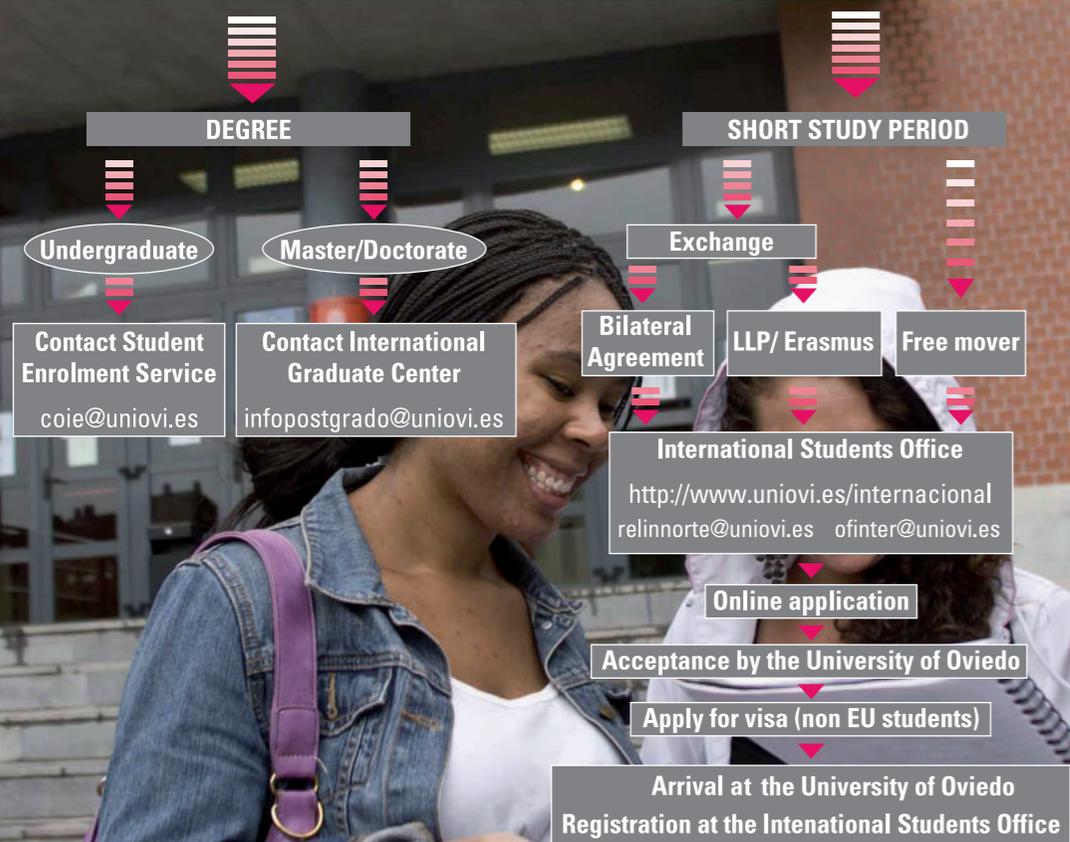
gijón



mieres



ENROLMENT



The University of Oviedo welcomes three types of international students, who must follow different procedures to undertake their studies:

international students

These are students who wish to earn a bachelor's degree, master's degree or PHD. They must accredit they fulfill the academic requirements to undertake university studies in Spain. They must submit an application including the pre-registration in the studies they choose. Further information can be found in the links below.

exchange students

These students can study at the University of Oviedo either through an international program (Erasmus or others) or by means of a bilateral agreement between their home institution and the University of Oviedo. They must be nominated by the university of origin and they must submit the following documents before their arrival:

- Exchange Student Application Form
- ECTS Learning Agreement
- Copy of the ID card or Passport

visiting students

Are those students from a foreign university which does not have a bilateral agreement with our institution and apply for a temporary stay at the University of Oviedo. These students can follow courses, up to a certain number of credits, but are not allowed to obtain a degree from the University of Oviedo. The regulations for this type of studies can be found in the links below.

The needed documentation is the following.

- Passport (original and copy)
- 1 passport photograph
- European Health Insurance Card with cover in Spain (original and copy)
- Accommodation: Information on available accommodation will be provided
- Support to complete the study contract
- Registration in the courses listed in the study contract

More information:

<http://www.uniovi.es/extranjeros/acceso/grados>

<http://www.uniovi.es/internacional/extranjeros/acceso/grados/movilidadlibre>

<http://www.uniovi.es/accesoyayudas/estudios/masteres>



student residence permits

Requirements for EU students

Students who are going to stay in Spain for more than 3 months must apply for a "Certificate of Registration as an EU Resident" to do it the following documents are needed:

Necessary documents:

- Application form in official model EX18 (original and copy)
- Valid passport or identity document
- Proof of payment of the fees for the certificate

The form can be downloaded from the website of the Ministry of interior:

<http://www.interior.gob.es/modelos-de-solicitud-37/extranjeria-342>

Requirements for non EU students

Students arriving from countries outside the EU MUST apply for a visa at the Spanish Diplomatic Mission in their country of origin. The following documents are needed:

Necessary documents:

- The completed form for citizenship or legal residency. Provided to the Consular Office by the Applicant
- Valid passport for the entire duration of the stay
- Letter of acceptance from the Faculty where the applicant is going to undertake his/her studies
- Proof of a valid insurance that covers medical expenses and repatriation in the event of accident or illness
- Proof of financial means to support the stay during the study period
- Medical Certificate
- Criminal Record

NOTE: The requirements are different for every visa, and usually for every embassy. For further information visit the website of the Spanish embassy in your country of origin.





The Vice-Rector for Internationalization and Postgraduate Studies provides assistance and guidance in everything related to students and faculty exchanges. This is a key point for international students to organize their life in Oviedo, as the office staff will provide them with useful information concerning practical issues.

Website: <http://www.uniovi.es/internacional>

Office of the Vice-Rector:

C/ Principado 3, planta baja, 33007-Oviedo

ofinter@uniovi.es, relinoficina@uniovi.es

T: 985104077 / 985104030 / 985104041

Open: Monday through Friday, 9:30 to 14:00; July and August from 9:30 to 13:30 pm

FOREING OFFICE

Pza. España, 6 - 33007 - Oviedo

Asturias - Tel.: 984769345/27

Monday to Friday from 9.00 to 14.00

FOREING OFFICE

Pza. Padre Máximo González, s/n - 33212 - Gijón

Asturias - Tel.: 985179283

Monday to Friday from 9.00 to 14.00



el milán



el cristo



gijón



laboral

The University of Oviedo offers more than fifty degrees adapted to the European Higher Education Area (EHEA) that provide considerable theoretical and practical training. These are courses covering 240 ECTS credits (4 years), except for Medicine and Dentistry, which reach 360 and 300 credits, respectively. The attention paid to international students, our mobility programmes, specialization, bilingual teaching and complementary support services for students have turned this academic institution in Asturias and its International Excellence Campus into one of the best centres at which to satisfy the aspirations of any student wishing to pursue higher education.

offer of undergraduate degrees

Arts and Humanities

- Classical and Romance Studies
- English Studies
- Philosophy
- Geography and Regional Planning
- Art History
- History
- History and Sciences of Music
- Spanish Language and its Literatures
- Modern Languages and their Literatures

Social and Legal Sciences

- Double Degree in Business Administration and Management and Law
- Business Administration and Management 
- Commerce and Marketing 
- Accounting and Finances 
- Law
- Economy 
- Social Education
- Public Administration and Management
- Early Childhood Education (Associated Center)
- Early Childhood Education
- Primary Education Teaching (Associated Center)
- Primary Education Teaching
- Pedagogy
- Labor Relations and Human Resources
- Social Work
- Tourism (Associated Center)
- Tourism 

 Bilingual itineraries of the University of Oviedo
More info: <http://www.uniovi.es/en/estudios/grados>

Health Sciences Engineering and Architecture

- Mathematics and Physics
- Biology
- Biotechnology
- Physics
- Geology
- Mathematics
- Chemistry 

- Nursing
- Physiotherapy
- Speech and Language Therapy
- Medicine
- Dentistry
- Psychology
- Occupational Therapy

- Civil Engineering 
- Engineering of Mining and Energy Resources 
- Engineering of Mining Technologies
- Electric Engineering 
- Industrial Electronic and Automatic Engineering 
- Engineering of Industrial Technologies
- Engineering of Technologies and Services for Telecommunication
- Forestry and Sustainable Natural Resources 
- Geomatic Engineering and Topography 
- Software Computer Engineering 
- IT Engineering
- Marine Engineering
- Mechanical Engineering 
- Nautical Engineering and Marine Transportation
- Industrial Chemistry 
- Chemical Engineering



Since 1987, the University of Oviedo participates in the Erasmus Program of the EU, exchanging students, teachers and staff. It has sent more than 7.000 students to more than 400 European universities, and received an equal amount from them. The University of Oviedo has more than 100 bilateral agreements with foreign universities most of them in Latin America, but also in Europe, North America, Africa, Asia, and Oceania. In addition, the university participates in several multilateral programs promoted by the UE, the Spanish Government, the Pricipality of Asturias and various private sponsors.

offer of bilingual itineraries of the university of oviedo

Starting in 2011-2012 the University of Oviedo will offer bilingual itineraries in fourteen degrees and 60 masters' degrees with English teaching. This means that at least credits of these degrees will be taught in English. That makes a total of 203 subjects taught in English, which may also be taken (in some cases more) by international students. The list of bilingual degrees is shown below:

- Business Administration and Management
- Mechanical Engineering
- Electrical Engineering
- Industrial Electronic Engineering and Automated Control
- Economics
- Accounting and Finance
- Trade and Marketing
- Tourism
- Chemistry
- Industrial Chemical Engineering
- Software Engineering
- Civil Engineering
- Mining and Energy Resources
- Geomatic Engineering and Topography
- Forestry and Sustainable Natural Resources



international graduate centre

The International Graduate Centre (IGC) is the backbone of postgraduate education at the University of Oviedo. It constitutes one of the principal structural elements of the Campus of International Excellence.

The IGC coordinates the whole offer of graduate studies of the University of Oviedo, available in all branches of knowledge:

- Masters degrees: all the programmes are adapted to the European Higher Education Area and include International Master's Degrees (among these we offer six Erasmus Mundus Master Courses); Interuniversity Master's Degrees and Professionally-oriented Master's Degrees. Currently we offer thirteen Master's Degrees taught totally or partially in English.
- PhD Programmes: PhD studies are intended to provide students with an advanced training in research techniques. They may include courses, seminars and other activities aimed at research training.
- University of Oviedo Certificate Courses and Continuing Education: the specific courses of the University of Oviedo complement the set of official curricular courses and form altogether a structure of advanced learning and training courses which shape that specific, modern and flexible profile of the University.

The University of Oviedo has made a commitment to renewing its offering of postgraduate courses focussing on multidisciplinary, mobility, flexibility and cooperation with institutions and companies. Indeed, the Centre is set to encourage cooperation among universities and promote internationalization, bilingualism and the participation and commitment of the business sector.

contact information

Historic Building. Plaza de Riego, 4 Entresuelo. 33003 – Oviedo
 Telephone: 985 10 49 17 / 18
 Fax: 985 10 49 59
infopostgrado@uniovi.es - <http://cei.uniovi.es/postgrado>



CENTRO INTERNACIONAL
DE POSTGRADO

CAMPUS DE EXCELENCIA
INTERNACIONAL





offer of Master's degrees

The offer of Master's Degrees is a bold investment in internationalization and in the collaboration with other universities and the business world. These postgraduate programmes focus on the development of the required skills of the student for their professional career of choice.

Professionally-oriented Master's Degrees are intended to offer a training methodology directed at the professional practice. For this reason, more than 250 institutions are involved in the development of the courses, offering lessons, internship periods and the supervision of the Master's Thesis.

Arts and Humanities

- Erasmus Mundus Master's Degree in Women's and Gender Studies (GEMMA) **ERASMUS MUNDUS** 
- Spanish as a Foreign Language
- Gender and Diversity
- Socio-cultural Analysis and History **INTERNATIONAL**
- Spanish Language and Linguistic **INTERNATIONAL**
- Musical Heritage **INTERUNIVERSITY**

SCIENCES

- Mundus Master of Science in Marine Biodiversity and Conservation (EMBC) **ERASMUS MUNDUS** 
- Food Biotechnology
- Biotechnology Applied to Conservation & Sustainable Management of Plant Resources **INTERNATIONAL**
- Biotechnology of Environment and Health **INTERNATIONAL** 
- Analytical & Bioanalytical Sciences **INTERNATIONAL** 
- Condensed Matter Physics & Nanotechnology **INTERUNIVERSITY** 
- Introduction to Mathematics Research **INTERUNIVERSITY**
- Mathematical Modelling, Statistics and Computing **INTERUNIVERSITY**
- Theoretical Chemistry and Computational Modelling **INTERNATIONAL** 
- Chemistry & Sustainable Development
- Geological Resources & Engineering Geology

offer of master's degrees

Health sciences

- Erasmus Mundus Master Course in Emergency and Critical Care Nursing (EMECC NURSING) **ERASMUS MUNDUS** 
- Erasmus Mundus Master Course in Public Health in Disasters **ERASMUS MUNDUS** 
- Emergency and Disaster Analysis and Management
- Biology and Reproduction Technology
- Biomedicine & Molecular Oncology
- Emergency and Critical Care Nursing
- Orthodontics and Dentofacial Orthopaedics

social and legal sciences

- Law
- Business Administration and Management **INTERNATIONAL**
- Tourism Management and Planning
- Economics: Economic Analysis Instruments **INTERUNIVERSITY**
- Integrated Teaching of the English Language and Contents: Infant and Primary Education 
- Teacher Training in Secondary and Upper Secondary Education and Vocational Training
- Social and Educational Intervention & Research
- English Language for the Bilingual Classroom in Secondary Education 
- Social Policy & Welfare
- Legal Protection of Vulnerable Groups and People
- Information Systems & Accounting Analysis

Engineering and Architecture

- Erasmus Mundus Master's Degree in Mechatronic & Micro-mechatronic Systems (EU4M) **ERASMUS MUNDUS** 
- Erasmus Mundus Master Course in Sustainable Transportation & Electrical Power Systems (EMMC STEPS) **ERASMUS MUNDUS** 
- Materials Science and Technology
- Electrical Energy Conversion and Power Systems 
- Project Management **INTERUNIVERSITY**
- Automation Engineering Industrial Computing
- Energy Engineering
- Computer Engineering
- Mechatronic Engineering **INTERNATIONAL**
- Chemical Engineering
- Web Engineering
- Integrity and Durability of Materials, Components and Structures **INTERUNIVERSITY**
- Occupational Health & Safety Risk Management **INTERNATIONAL**
- Soft Computing & Intelligent Data Analysis 
- Mobile Network Information and Communication Technologies (Mnict)*
- Remote-Sensing and Geographical Information Systems (GIS)





The educational offer of the University of Oviedo includes degrees, masters and Ph.D. programmes, some of them taught entirely or partially in English. Webpage: <http://www.uniovi.es/estudios>

Academic calendar

The academic year in the University of Oviedo starts around the first fortnight of September and finishes in July of the following year, with three holiday periods: Christmas, Easter and summer.

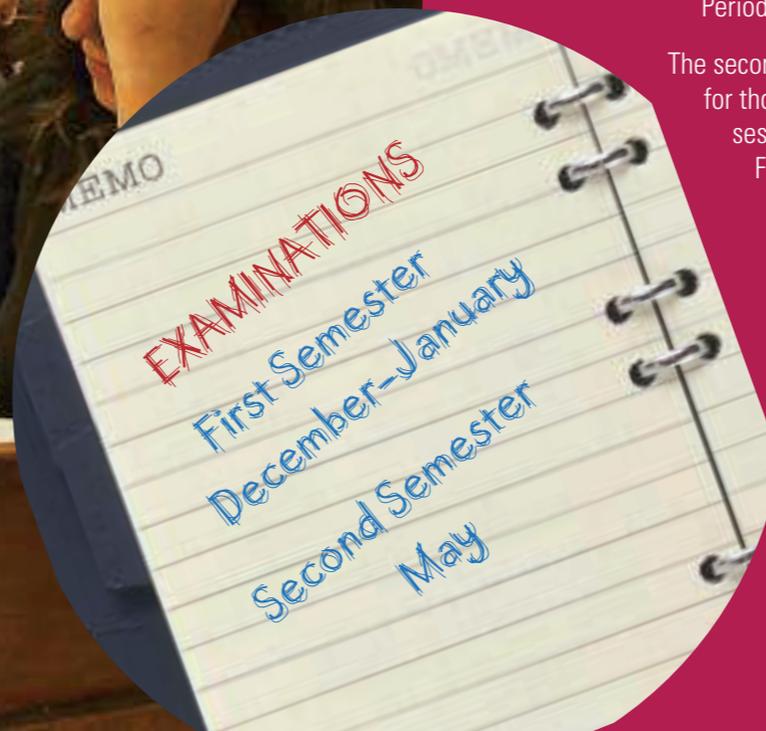
Terms:

- **First semester:** From the second week of September until mid December. Period of examinations: December & January.
- **Second semester:** From the 3rd week of January until mid May. Period of examinations: From the 1st week of May until the end of May.

The second fortnight of June - beginning of July there is a special session of examinations, for those subjects that have not been passed in the corresponding examination sessions

Further information about the official timetable:

<http://www.uniovi.es/en/vida/calendario>





Teaching methods

The University of Oviedo forms part of the European Higher Education Area (EHEA). In 2009 it adopted the Bologna Plan, which mandated a series of reforms in the academic system:

- Issuance of the European Diploma Supplement (DS),
- Implementation of graduate and postgraduate Degrees adapted to the EHEA.
- Establishment of a common credit system: ECTS (European Credit Transfer System)
- Promoting mobility.
- An emphasis on cooperation in curriculum development.

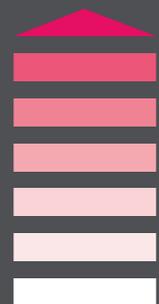
The educational model of the University of Oviedo is based on the student's learning, taking into account the student's workload: theoretical and practical classes, effort devoted to study and exams. Almost all Degrees include internships in companies or institutions, to reinforce the employability of university studies.

Students who have taken their evaluation tests get a numerical mark with a decimal. Professors can award outstanding students with Honors. The number of Honors awards cannot exceed the 5% of the students registered in a subject in the academic year.

Grading system

The equivalence of the marks in the Spanish grading system (10 points) corresponds to the following ETCS marks:

▶ 9,5-10 Sobresaliente	▶ A (EXCELLENT)
▶ 9-9,4 Sobresaliente	▶ B (VERY GOOD)
▶ 7-8,9 Notable	▶ C (GOOD)
▶ 6-6,9 Aprobado	▶ D (SATISFACTORY)
▶ 5-5,9 Aprobado	▶ E (SUFFICIENT)
▶ 4-4,9 Suspenso	▶ F (FAIL)
▶ 0-3,9 Suspenso	▶ FX (FAIL)



grading
system





student facilities

Student ID card

This card provides proof of the enrolment in the University of Oviedo and gives access to different university services. Foreign students may apply for this card at the international relations office or on line:

<http://www.uniovi.es/recursos/tarjeta>

Libraries

This service is made up of the Main Library, and other libraries in campuses, faculties, polytechnic schools and university institutes. The complete list of titles is available from the terminals you can find in every library of the University, which are connected to the database of the University Library. For further information

<http://www.uniovi.es/gobiernoservicios/buo>

Internet

In every Faculty or School you have free access to computers for personal or academic activities, depending on the legislation in each centre. In all the university facilities you can find Wi-Fi in the common areas.

If you log in Uniovi Directo (<http://directo.uniovi.es/>), you will have access to information and specific processes related to teaching (curriculums, subjects, timetables...) and to communicate with other people.

The University of Oviedo has a Virtual Campus with material to support classroom teaching:

<http://www.uniovi.es/recursos/campusvirtual>



libraries
internet





Language courses

The University of Oviedo, through La Casa de las Lenguas, offers an intensive course on Spanish language (intermediate and advanced) for those international exchange students interested, which is given in different campuses (El Milán, El Cristo in Oviedo and in Gijón), two hours a day for four weeks. These classes are completely financed by the University of Oviedo, so students only have to pay for the registration fees and the issuance of the Diploma.

Students may also attend translation classes: English-Spanish, French-Spanish, Italian- Spanish and German-Spanish. These courses are held in the Campus of El Milán from October to January, and from February to the end of May.

The University of Oviedo is also an Official Test Centre of D.E.L.E. (Diploma of Spanish as a Foreign Language) issued by the Ministry of Education and the Instituto Cervantes. The exams are on May and November

<http://lacasadelaslenguas.uniovi.es/>

The University of Oviedo also offers a Course on Spanish Language and Culture for Foreigners. The programme allows students to improve their linguistic knowledge while attaining knowledge of Spanish Culture and Society. These programmes are complemented by several activities such as watching Spanish films, literary competitions, photographic competitions, workshops and open days of Spanish Culture and Society, visits to places of interest, both artistic and sight-seeing.

lacasade
laslenguas





Since 1987, the University of Oviedo participates in the Erasmus Program of the EU, exchanging students, lecturers and staff. It has sent more than 7.000 students to more than 400 European universities, and vice versa.

The University of Oviedo has signed more than 150 bilateral agreements with foreign universities, most of them in Latin America, but also in Europe, North America, Africa, Asia, and Oceania. In addition, it collaborates in different multilateral programmes financed by the EU, the Spanish Government, the Principality of Asturias and various private sponsors.

The "a-duo" programme

The objective of the "a-dUO" programme is to help international students when they get to Asturias and to the University of Oviedo. In order to do so, an international student is assigned to a Spanish student from the same campus, to promote his/her integration into the city and University life. To enrol in the programme they must simply fill out a short form available at: <http://www.uniovi.es/internacional/extranjeros/planifica/aduo> and they will get an email with the instructions and the name of their helper.

The tandem programme

Tandem learning means two people of different mother tongues collaborate in the learning of each other's language: getting to know more about the other person, his/her language and his/her environment. The University of Oviedo organises registration at the beginning of November so foreign and Spanish students can meet throughout the course. The most common languages are German, English, French and Italian.

For each language, there is a supervisor who provides help in language tuition and those that are interested may obtain a certificate for their participation. Those willing to take part in this programme should contact the Vice-Chancellor for Internationalization and Cooperation Development, where they will be given detailed information and help in finding a Tandem partner.

More info: <http://www.uniovi.es/estudios/idiomas/programatandem>



Accommodation

The Vice-Rector for Internationalization and Postgraduate Studies provides support in looking for accommodation. Housing application is available before you arrive to Oviedo at the website of the University of Oviedo:
<http://www.uniovi.es/en/vida/alojamiento>
vicinter.accom@uniovi.es

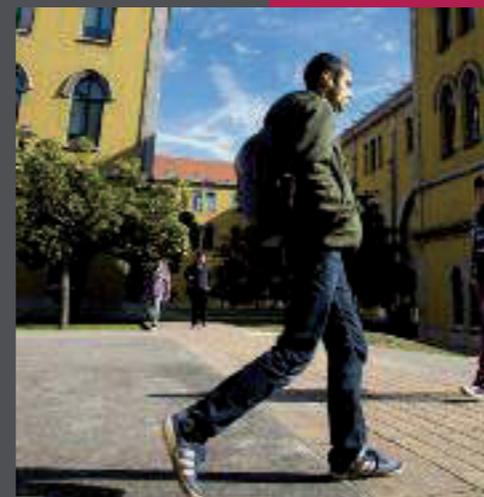
There are 3 different types of accommodations

- Accommodation with families
- Residence Halls
- Rented flats shared with other students

The price for a room in a shared flat goes from 200 to 250€ a month, whereas staying with a family may cost around 600€, in a single room with laundry and food included in the price. Renting a two room furnished flat can be approximately 600€. The University of Oviedo has three Residence Halls. The price per person in a single room is about 399€ a month. The price per person for a double room could be 311€ without food.

meals

In the five Campuses of the University of Oviedo, the cafeterias offer very economical snacks and meals for about 4-6 euros. You can also find lots of restaurants downtown that offer a great variety of typical Asturian dishes from 8 euros.





sports and leisure activities

Sports, recreation and culture

The University of Oviedo offers a great variety of activities related to sports, recreation and culture. To join these activities you must register at the Sports Service Offices (Valdés Salas s/n. 33007 Oviedo. Tel: +34 985109589, at the College of Industrial Technical Engineering, fourth module, Lower floor, Campus of Viesques in Gijón. Tel: +34 985182272, or at the Polytechnic School of Mieres, Tel: +34 985458190). Some of the available activities are: aerobics, keep-fit gymnastics, bodybuilding, yoga, swimming, canoeing, sailing, skiing, mountain climbing, dancing, climbing, soccer, athletics, fencing, diving, tennis and judo.

For further information visit:

<http://www.uniovi.es/vida/deporte>

The University of Oviedo also organizes cultural activities (University Choir, University theatre, concerts, cultural events) as well as leisure activities (University parties) that you may find at: <http://www.uniovi.es/vida/cultura> and on Facebook (Oviedo University Extension)

swimming
canoeing
sailing
yoga...



tennis
judo
athletics
climbing
dancing.....





Facilities for students with special needs

The University of Oviedo has a specific Office devoted to people with special needs (ONEO). ONEO offers assistance and support to the students who have special educational needs in order to help them with access and inclusion in different academic, cultural and sports areas of the university life.

ONEO

González Besada, 1st floor, 33007 –Oviedo

Email: oneo@uniovi.es

Tel.: +34 985 102922

Monday to Friday from 9.00 to 15.00

University choir

With a tradition spanning nearly a century, the Oviedo University Choir is one of the few choirs that interpret Spanish Golden Age polyphony. Most of its members are students, who can apply for specific tuition grants convened by the University.

University extension classrooms

Within its range of non-official studies, over the past few years the University of Oviedo has implemented a new programme of free thematic classrooms open to the general public, bringing culture closer to society.

The programme for these classes changes every year and, in some cases, different themes are offered each semester:

- Theatre Classroom
- Pop-Rock Music Classroom
- Music Classroom: Opera and Zarzuela
- Oviedo Group Latin American Music Classroom: (AMIGO)
- Reading Classroom: Prose
- Reading Classroom: Poetry
- Debating Classroom
- Law Classroom
- Archaeology Classroom

The Principality of Asturias

The Principado de Asturias is one of the 17 Spanish Autonomous Communities. It is situated on the Spanish north coast facing the Cantabrian Sea and together with Galicia, Cantabria and the Vasc Country make up the Cantabrian Coast, also known as "The green Spain".

It has approximately 1 million and one hundred thousand inhabitants, living in 78 different municipalities, being Gijón, Oviedo and Avilés the most populated.

The city of Oviedo is the capital of the Principado, and it is the main point for administrative, political, business and cultural matters in the region. Most University centers are located in Oviedo.

Gijón is situated in the middle of the Asturian Coast. It is a dynamic and tolerant city and it is the centre for industry and services, with the marina, five beaches, an intense cultural life and many museums and sports facilities.

Avilés, is another important town centre in the region, where we can find the Niemeyer International Cultural Centre, designed by the well-known Brazilian architect Oscar Niemeyer. Its historic area is one of the most relevant areas of the region and it was recognized as Complex of Historical-Artistic Monuments in 1955.

The climate, mainly Atlantic, with mild temperatures and heavy rain all year long, makes it easy to have rich and varied vegetation. The natural heritage of the region is one of its main attractions: almost one third of the Asturian territory has been recognized as Protected Natural Area, which is the largest one in Spain.

Apart from the natural beauty of the Asturian Coast, the little villages of the area, like Cudillero, Llanco, Llanes or Castropol, have a great cultural and historical value. There is also a great variety of wonderful beaches.

Food in Asturias is included in the well-known Mediterranean Diet, considered to be Intangible Heritage of Humanity by UNESCO. Asturian cuisine is one of the most relevant ones in the country and it combines the quality of raw materials with the professionalism of the cooks following traditional recipes.

Asturias is culture, nature and gastronomy, and, as the astronaut John Glenn said in the Prince of Asturias Awards ceremony: "it's the best kept secret in Europe".

useful information

<http://www.holidaysasturias.com/>



cost of living

The monthly expenses of a university student may go from 500 to 600 euros including accommodation, food and transport. It is advisable to open a bank account and to use a credit card.

Opening a bank account

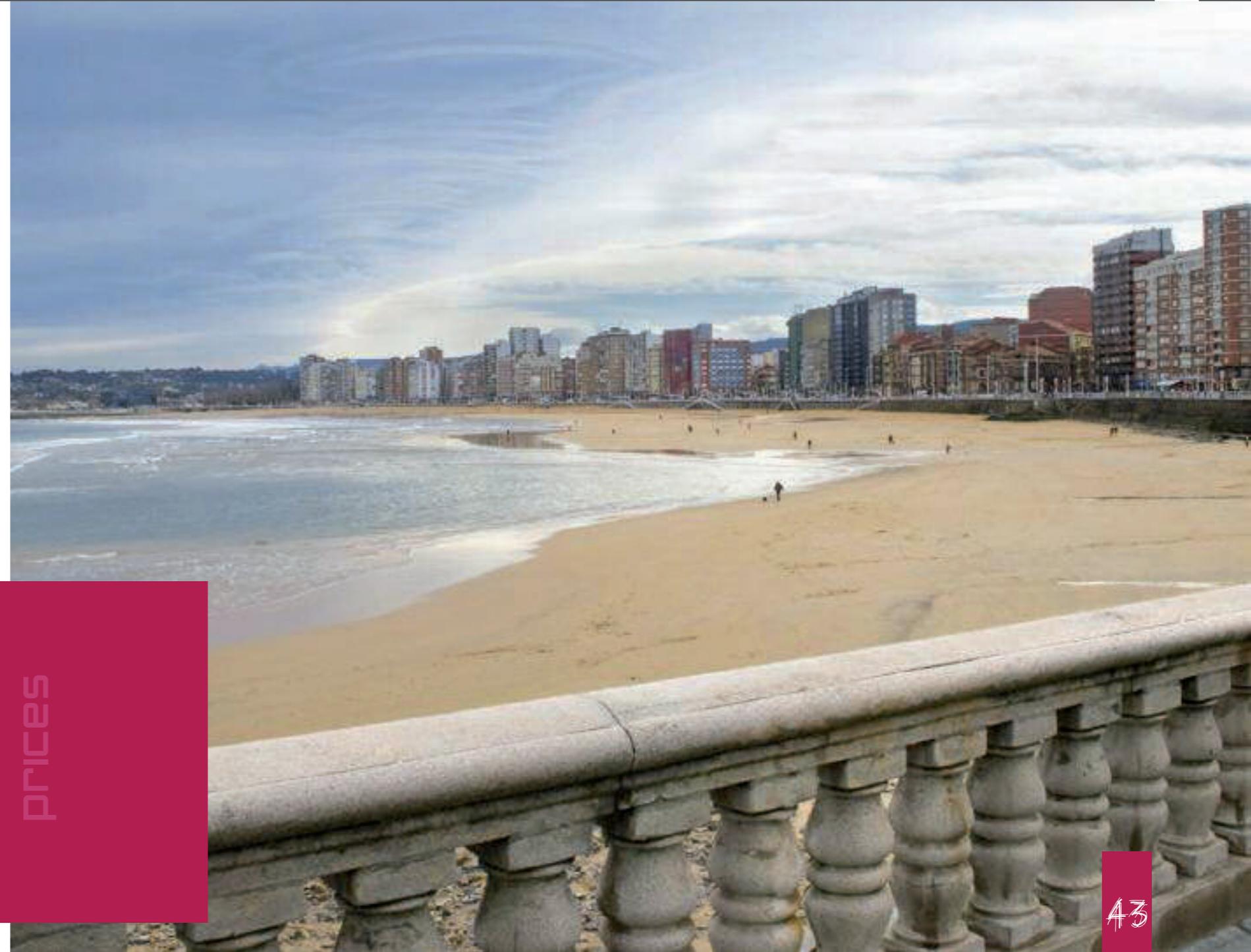
There are a great number of banks that have branches throughout the region, so you can choose the one that suits you better. Note that banks are only open in the mornings from 8.00 to 14.00, even though some of them are open one evening a week as well.

You may find special conditions for students (younger than 30) in some banks, which may include transactions without commissions. Don't forget to request information about this when you open your account. Finally, make sure you take into account the commissions for each transaction, annual maintenance fees, the cost of a debit/credit card, the possibilities of on-line banking and the location of cash points.

Estimated prices:



estimated
prices





Medical facilities

All medical centres are clearly identified by a red cross in all the city guides. Check the nearest clinics to the place where you live. To see a list of medical centres in the Principado de Asturias visit:

<http://www.centrosdesalud.net> (See Province of Asturias)

• EU students

Citizens of EU countries, Iceland, Norway and Switzerland, may be assisted by the social security service during their stay in Spain, being entitled to the same health care benefits as Spanish citizens. You must request the European Health Card in your country of origin, and submit the original document and a copy, together with the passport or ID to any social security centre in Spain. For further information related to your medical insurance contact The National Institute of Social Security, Santa Teresa de Jesús n.º 8 and 10, 33005 Oviedo. Tel: +34 985107800 or visit : www.seg-social.es

• Non-EU students

Students arriving from countries outside the EU may only have medical assistance if there is a reciprocal agreement with Spain: Andorra (indefinite duration), Chile (2 years maximum), Brazil (1 year maximum), and Ecuador (1 year maximum). In their case, they must request the appropriate form demonstrating the right to medical assistance from the competent institution from their country of origin and submit the original and a copy to any social security centre

INSURANCE

Foreign students whose insurance does not offer sufficient coverage, should obtain a private health insurance.



Foreign Consulates in Asturias



Chilean Consulate

Camino Quiñones, 513, nº 8, 33203 Somió, Gijón.
 Consul: Manuel del Castillo Rodríguez
 Tel: 985 196 592. Mobile phone: 630 977 411
 Email: consuladochile.gijon@gmail.com



Colombian Consulate

C/ Asturias, 11, 1º, 33004 Oviedo.
 Consul: Enrique Rocés y Rocés
 Tel: 985 356 223



Czech Consulate

C/ Muñoz Degrain, 2, oV: 1, 33207 Oviedo.
 Consul: Amalio García Martínez
 Tel: 985 275 058. Mobile phone: 616 770 512
 Email: oviedo@honorary.mzv.cz



Dutch Consulate

C/ Cabrales, 20, Entlo., 33201 Gijón.
 Consul: Juan Alvargonzalez Figaredo
 Tel: 985 341 132
 Email: admon@alvargonzalez.com



Finnish Consulate

C/ Cabrales, 20, Entlo. 33201 Gijón.
 Consul: Romualdo Alvargonzález
 Tel: 985 319 193
 Email: info@alvargonzalez.com



French Consulate

C/ Claudio Alvargonzález, 2, 33201 Gijón.
 Consul: Sofia Paquet
 Tel: 985 350 400
 Email: gijon@paquet.com



Hungarian Consulate

Camino de Quintueles 1290, 33203 Gijón.
 Consul: Guillermo Toth Vezendi
 Tel: 985 339 114. Mobile phone: 635 848 849
 Email: hunconsulgijon@yahoo.es



Italian Consulate

Apto. correos 2082, 33004 Oviedo.
 Consul: Paolo Ercolani
 Tel: 985 965 974. Mobile phone: 680 155 013
 Email: paolo.ercolani@yahoo.es



Mexican Consulate

Cabrales, 20, 4º izq, 33201 Gijón
 Consul: María del Carmen Vigil Pérez
 Tel: 985 349 117. Mobile phone: 670 208 871
 Email: consuladomex@hotmail.com



Moroccan Consulate

P.I. Espíritu Santo, Edificio ALSA p: 5, 33010 Oviedo.
 Consul: Jacobo Cosmen Menendez
 Tel: 985 207 333
 Email: yperea@cmc21.es



Moroccan Consulate

Marqués de San Esteban, nº 1 p: 7, 33206 Gijón.
 Consul: Benito Fernández Manovel
 Tel: 985 341 025



Peruvian Consulate

Marqués de Teverga, 17, 7º B, 33005 Oviedo.
 Consul: Javier Junceda Moreno
 Tel: 985 966 263. Mobile phone: 648 817 982
 Email: consuladoperuasturias@juncedaymedina.com



Swedish Consulate

Álvarez Garaya, 13, 1º Dcha., 33206 Gijón.
 Consul: Casimiro González Ayesta
 Tel: 985 354 643
 Email: cayesta@casimirovelasco.com



transport

• How to get to Asturias



• By air

Asturias airport is located in Santiago del Monte, 47 km. away from Oviedo and 40 km. from Gijón. There are connecting flights to Madrid, Barcelona, London and Paris. Website of the airport: www.aena.es
 Flights are connected to a bus service that takes you to Oviedo, Gijón and Avilés. For timetables and fares: www.alsa.es. Taxis approximately cost 53€ to Oviedo, 45€ to Gijón and 23€ to Avilés.



• By train

There are train stations in Oviedo, Gijón, Avilés and other Asturian towns.
 Website of Renfe: www.renfe.com



• By bus

There are bus companies that connect Asturias to Spanish and foreign cities.
 Website of Alsa: www.alsa.es



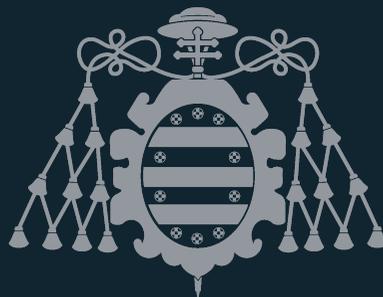
• By car

Coming to Asturias from France and the East, take the highway E70. Coming from Madrid, take the highway A6.

to do when leaving

Checklist of things to do when leaving

- Collect the deposit of your flat, if you gave any.
- Make the necessary arrangements with the local authorities to leave the country.
- Give books back to the library.
- Close your bank account.



Universidad de Oviedo
Vice-Rector for Internationalization
and Postgraduate Studies




ISguide

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